



PRIMARY ECA TERM 1 - 2024

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WELCOME TO ISB PRIMARY ECAS
WE ARE DELIGHTED TO BE ABLE TO OFFER A VARIETY OF
EXTRA CURRICULAR ACTIVITIES THIS TERM

PLEASE SEE THE ECA OPTIONS BELOW



Archery (Arrafi Complex) \$75/term (Year 3 to 6) Ar-Rafi Archery Academy

Archery aims to expose students to the theoretical techniques and practice of traditional archery. We introduce various archery techniques up to the standard level. Run by the Ar-Rafi Archery Academy, the club aims to provide a platform to raise students' spirits and mobilise archery activities in sports. Come and join this fun and exciting club that strengthens the upper body and increases balance, focus and endurance. Sessions will be held at Peak Performance.

Art Club (Year 1 to 6)

An opportunity for children to explore their creative side through different art media and techniques. Students enjoy a relaxing art session with likeminded students who love art, overseen by skillful teachers. All art materials are supplied.

Badminton (Year 4 to 6)

Come and enjoy playing badminton with your friends and improve your skills and knowledge of the game.

Ballet \$75/term (Pre Kindy to Year 3)

A fun Ballet class full of imagination, twirls and swirls.

Basketball (Year 1 to 6)

Whatever your ability there is an OMNI basketball class to suit your level. Sign up for your age group and come learn the basics of basketball, develop your skills or train for your team.

BJSL Squad Training

Our BJSL Squad training session is specifically designed to support students in Leopards and Bay Cats PE groups. Students who sign up for squad training will have a keen interest in representing ISB in one or more sporting disciplines such as football, netball, athletics, tag rugby, tee ball and swimming. Later in the year, BJSL Squad members from Year 5 and 6 will be invited to our U11 FOBISIA Games trials. Kindly note that attendance at the BJSL Squad training does not guarantee selection, and that selection may vary as we change sports.



Board Games (Year 1 to 6)

Come and enjoy playing different games like Dobble, Uno and many more!

Chess Coaching \$75/term (Year 1 to 6)

This is an opportunity for those who would like to take their chess more seriously and for those who aspire to be a Grandmaster one day. Students will be coached by Pg Hira, who is Brunei's National Chess Champion and a qualified FIDE Instructor.

Construction Club (Year 1 to 2)

Let your imagination run wild in the Y1/2 Construction Club! Each week, children will have the opportunity to build with a variety of resources including Lego, building blocks and wooden nuts and bolts. You could build anything from a world-saving robot to an underwater theme park! We can't wait to see what our Imagin-eers build next.

Cooking (Reception)

(New members every new term) The children will have fun measuring, mixing and cooking the ingredients at cooking club. They will then bring what they have made home to share!

Crafty Club (Year 1 to 6)

Join the Crafty Club ECA and let your creativity shine! This is the perfect place for primary students who love to make, design, and create. From fun DIY projects to exploring different materials and techniques, you'll get to make cool crafts, build new skills, and express your imagination.

Creative Arts \$30/term (Year 3 to 6)

Students will be able to learn the applied knowledge & skills of creating textures, colours and form as part of their art & craft activities

Creative Club (Year 1 to 5)

Our creative clubs will open your mind, encourage you to try new things and develop your passions. Creating ideas and implementing that helps in improving learning, decision making, imagination, collaboration and teamwork among students.

Cricket (Year 4 to 6)

Join our Cricket ECA to develop your skills, teamwork, and love for the game. Learn the fundamentals and improve your technique. It is a great way to stay active, make new friends, and have fun.



Cross Stitch (Year 2 to 6)

Learn how to cross stitch and follow patterns.

Football (Year 1 to 6)

Come and join the ECA for your age group to learn new skills, improve upon existing skills and experience playing games as a team in the Football ECA run by professional coaches.

French Club (Year 3 to 6)

The French Club aims to promote enthusiasm for the French language and francophone cultures through activities, films, projects and discussions! To be in French Club students need to be (or have been) in French Class and have an interest in French culture.

Gardening (Year 4 to 10)

Join our Gardening ECA to explore the joys of growing your own plants! Learn the basics of gardening, take care of a variety of plants, and watch your hard work bloom. Perfect for anyone who loves nature or wants to develop green fingers!

Get Into Rugby \$20/term (Year 3 to 6)

Enjoy learning new skills and developing existing skills in drills and games of tag rugby.

Gymnastics \$65/term (Reception) and \$100/term (Year 1 to 6)

(Run for 10 weeks only – Start date 11th Sept) Gymnastics is excellent for developing strength, flexibility, coordination and what's more – students love it! Sign up for an ECA depending on your age and have fun performing your skills.

Hama Ironing Beads (Year 3 to 6)

Hama Ironing Beads Club is a fun and mindful activity that requires concentration and focus as well as skill in combining different colors of beads. It promotes creativity and imagination as children create various shapes using Hama beads.

ISB 60th Anniversary Singing Ambassador (Year 5 to 13)

For students who love to sing and take it to higher levels - developing musicianship and performance skills along the way!

Jigsaw Puzzle (Year 3 to 6)

An opportunity for children to develop their cognitive skills while having fun together with their friends.



Karate Shotokan (Peak Performance) \$33/term (Peak member) and \$55/term (Non-member) (Year 1 to 6)

Shotokan Karate practice strengthens the mind, develops composure, a clearer thought process, deeper insight into one's mental capabilities, and more self-confidence. It strengthens the entire body, improves coordination, quickens reflexes, builds stamina and overall health.

KCpop Dance Fitness (Year 3 to 13)

KC-Pop is a dance workout that will bring a lot of health benefits particularly to boost physical and mental health, sharpen the mind and ease anxiety. This class is suitable for all and is offered to students from Year 3 to Secondary, students who are particularly Kpop & Cpop fans will enjoy the great variety of moves and be inspired by the catchy Korean and Chinese music and its own signature moves, making it creative, interesting and fun.

Lego (Reception to Year 6)

The Lego ECA is the perfect opportunity for building children's fine motor skills as well as helping to promote the children's creativity and imagination.

Mandarin Beginner Clinic (Year 4 to 8)

(Invite only) This ECA is to provide new students with extra support in learning Mandarin.

Mindfulness Drawing (Year 1 to 3)

Join us to enjoy some calm activities after a school day.

Mini Bs (Year 1 to 4)

(Invite only) The Mini Bs ECA encourages members to develop their skills and earn badges. Students participate in a variety of activities including treasure hunts, arts & crafts and games. Mini Bs is similar to Scouts. It is a continuous ECA during which children gain badges. Waiting list only and confirmation of any new places will be sent directly to parents via email.

Mountain Biking (Hutan Simpan Berakas) \$15/week own a bike, \$20/week to rent a bike, \$10/week with KRA bike transport/storage (Year 4 to 13) Kingdom Rides

\$15 per week per child for MTB ECA, \$20 per week per child to rent our bike which we transport to and from and store each week, \$10 per week per child to have KRA transport and store children's personal bikes. You must be a competent rider and have your own mountain bike to join Kingdom Rides on their exciting Mountain Biking adventures on the jungle tracks around the local area. You will have fun, gain confidence, keep fit and learn new biking skills with different trails being explored over the term. Students will need to get themselves to the location each week.

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Music Lessons

Group music lessons are offered on a variety of instruments. Lessons are offered in small groups with a professional music teacher. Lessons are given both to Primary and Secondary students in the Music Department.

Netball (Year 4 to 6)

Netball training and game play for students of all abilities. Come along and have fun whilst getting fit, making new friends and developing your netball skills.

Numbots (Year 1 to 6)

Reinforcing maths fluency.

Origami (Year 1 to 3)

Origami is the art of paper folding. In this ECA, students will be making origami by watching the steps from the video with the guide of the teacher. For health and safety, we will not be using scissors and glue. Let's join and create a lot of fun and interesting origami!

Permainan Bahasa (Year 1)

(For MFL Malay students only) Enriching students language skills in Malay through various types of learning aids that are appropriate to their age level.

Photography Walk (Year 4 to 8)

A Photography Walk involves taking students on a guided walk where they can explore and capture interesting scenes and objects with their cameras. It encourages creativity, observation skills, and provides an opportunity for students to appreciate their surroundings through the lens.

Rock Climbing (Up Climbing Centre) \$275/term (Year 3 to 13) OMNI

This takes place at the Up Climbing Centre where Mr Min will be there to coach the students. Students need to transport themselves there. Students will get the chance to climb on a variety of different walls and will be challenged whatever their ability. Climbing is great for strength, confidence and for students to push themselves to the limit and feel a great sense of achievement. All climbing gear is provided. Come Climbing and lose yourself in the 'flow' of each climb.



Running Club (Year 4 to 13 - Friday mornings)

Ramp up your running speed and stamina by joining the early morning running ECA. Whether you are a beginner or an advanced runner, it's a great way to provide an energy boost to help kickstart the day.

Rubic Cube (Year 4 to 6)

Join Rubik "Cubed Up", the ultimate after-school club for Rubik's Cube enthusiasts! Over 12 weeks or less, we'll explore the cube's mysteries, for beginner's strategies. Dive into cube art, fun variations, and pattern recognition. Prepare for exciting in-house competitions. Unleash your cubing skills, make friends, and join the Rubix Cubed Up adventure!

Science Club (Year 1 to 2)

Learn about Science in a fun and experimental way! This ECA will give some hands-on experience using Science equipment and materials in a safe and engaging environment. Have fun exploring the world of science with friends and experienced Science teachers.

Slot Car Racing (Lambak) \$12/week (Year 4 to 13) Kingdom Rides

\$12 per week per child including rental cars, rental controllers and use of the track.

Let's race onto the track with slots for miniature-powered race cars like real track racers from classic Group 5, Group GT3, and F1 racing. Each race will have a qualifying round and four rounds of racing. The qualifying round is when you need to achieve your fastest lap time in one minute. One round of racing will take 5 minutes. How do I win the race? Each racer has to achieve the fastest lap time to lead the qualifying round. To win the race, racers need to earn more laps in every round. So, what are you waiting for? Register now, and let's get up to speed on slot cars!

Swimming (Kindy to Year 6)

We have many different swimming ECAs depending on the age and ability of the student.

Kindy / Reception Swimming: This is for the students in these year groups. ECAs take place mainly in the small pool but they also make use of the big pool with the underwater platform.

For primary students in years 1 – 6 the swimming sessions are based on whether students are beginners, intermediate or advanced. Please read the descriptions below to ensure that your child is doing a swimming ECA which is the correct level for them.



Beginner Swimming: For students who are learning to gain greater swimming confidence. They will work on submersion and water confidence and develop the ability to glide and float. These lessons are in a small pool with opportunities to enter the big pool at times.

Intermediate Swimming: The intermediate level is for students who can swim Front Crawl (freestyle) and who are now working on their back-stroke technique. These lessons take place in the big pool.

Advanced Swimming: This is for students who are refining the four competitive strokes and must be able to swim 25 meters in two strokes. They must be confident in the deep end of the big pool. Students will also be building their stamina as well as learning to dive. Only advanced swimmers are allowed in the slots and if swimmers are enrolled but not on the right level, they will be asked to change to the right class.

[Taekwondo \\$100/term \(Year 1 to 6\) United Taekwondo Gym](#)

Coach Nikman and his team will be coaching students Taekwondo, which is a Korean Martial Art that involves spinning kicks and fast kicking techniques. Join Taekwondo to learn discipline, focus, courage, integrity, perseverance, patience, courtesy and self-defense. Having taught many children over the years, it is always great to watch their transformation as Taekwondo also teaches a great deal about respect.

[Teeball \(Year 5 to 6\)](#)

Tee Ball is a fantastic striking & fielding game that is lots of fun. Come and learn how to bat, how to field and the tactics and strategies needed to be successful in this competitive team sport.

[Times Tables Rockstars \(Year 3 to 6\)](#)

Do you want to be a TT Rockstar? Come and practice every week!

[Wind Down Sketching \(Year 2 to 6\)](#)

Come join us for Wind Down Sketching every Wednesday between 3:15 and 4:00. Each week, we will practice different sketching techniques and create some beautifully sketched artwork. This ECA is open for children in Y2 - Y6 of all abilities.