

SB (2024/2025

INTERNATIONAL SCHOOL BRUNEI

SECONDARY ECA BROCHURE

TERM 2



WELCOME TO ISB SECONDARY ECAS

WE ARE DELIGHTED TO BE ABLE TO OFFER A VARIETY OF EXTRA CURRICULAR ACTIVITIES THIS TERM



- ECAs will run for 8 weeks from 20th Jan to 14th March.
- Sign-up link will open on; Friday, 10th Jan at 4PM and close on Monday, 13th Jan at 8AM.
- No ECAs running during mid-term break, parent-teacher meetings (except for paid ECAs), public holidays and the last week of school (except for paid sessions). Some ECAs may be suspended during Ramadhan.

TABLE OF CONTENT

- OI. SECONDARY ECAs
- **02.** PAID ECAs
- **03.** OFFSITE ECAs
- O4. EDULINK: Step-by-step Guide
- **05.** CONTACT INFORMATION
- 6. ECA AT A GLANCE

OI. SECONDARY ECAS

AN ECA CONFIRMATION EMAIL WILL BE SENT TO EACH CHILD AND PARENTS FOR THEIR RESPECTIVE ECAS BY THE END OF THE SECOND WEEK OF SCHOOL.

YOU WILL THEN BE ABLE TO LOG IN TO EDULINK TO CHECK WHICH ECAS YOUR CHILD HAS BEEN ENROLLED IN AND CHECK DETAILS.



Additional Maths (Year 11)

(Invite only) Lessons for Add Maths class.

Adult Coloring (Year 7 to 13)

Reduce stress and anxiety by focusing on colouring in shapes and patterns. Unplug from the world and find your centre.



Badminton (Year 7 to 13)

Come along and enjoy playing social badminton with your friends. This ECA is for players of all abilities who just enjoy playing, rather than receiving coaching.

Board Games (Year 7 to 10)

Relax and play board games with friends.

Book Club (Year 7 to 13)

Come and immerse yourself in the magical world of books! If you love reading, you can spend time doing your favourite thing. If you find reading hard, I can help you to become more confident and find some fabulous books to read. We will do our own independent reading and read some stories together. Reading for fun is great for your mental health and to help you improve your reading for school subjects too.



Canteen Mural Design (Year 12 to 13)

As part of The IBDP CAS Project, painting the canteen mural, it needs a group of responsible, committed and artistic senior students to kickstart the design and transfer it onto the canteen wall.

Chess Club (Year 7 to 13)

If you are new to chess, want to improve, or looking for something a bit more competitive, come and join this great club, where students of all ages come to compete in strategic and tactical battles every week!

Chinese Chess Club (Year 7 to 10)

Chinese chess, or Xiangqi, is an activity that immerses students in a captivating strategic board game. With two players, it involves 16 distinct pieces each side, all with unique movements and goals. By learning rules and tactics, students enhance critical thinking and problem-solving abilities. The engaging practice, puzzles, and analysis sessions refine their skills. Tournaments introduce healthy competition, while delving into its cultural origins provides a richer experience. Chinese chess serves as an ideal after-school pursuit, cultivating cognitive skills and cultural appreciation simultaneously.

COD (Year 7 to 9)

Explore your creativity by developing your coding skills using platforms such as Scratch, Minecraft & Python

Creative Writing (Year 10 to 13)

The ECA will focus on providing a structured space for students to develop and refine their writing skills. Meetings will typically involve short exercises or prompts, peer feedback, and discussions on writing technique and genre. Members will be encouraged to be adventurous and try new things which are broader than what be covered in class, as well as to share their work, and occasionally collaborate on group projects.

Crocheting Club (Year 10 to 13)

A fun club to learn the basics of crochet and a time to relax after school.



Darts (Year 10 to 13)

Want to improve your mental mathematics? Want to do quick multiplications, additions and subtractions whilst having fun? Darts might just be the ECA for you then! Learn the rules and different types of games, ranging from 301 to round the clock. You never know, you might get a 180!

Duke of Edinburgh (Year 10 to 13)

The Duke of Edinburgh's International Award is a non-competitive, internationally recognized program designed to encourage young people to develop positive skills and lifestyle habits. The Award is about personal challenge and development and is adaptable according to each participant's interests and abilities. The strength of the Award is our ability to readily partner with other youth organizations through leader development and resource sharing.

Note: Requires you to be 14 years old and above



FOBISIA

Team training for U13 FOBISIA Games athletes preparing for The FOBISIA Game, Thailand

French and Spanish Conversation (Year 10 to 13)

This ECA will provide an immersive environment for students to practice and enhance their speaking skills in French and Spanish. Through engaging conversations, role-playing, and interactions, participants will gain confidence in using both languages in real-life situations. Whether for beginners or advanced learners, this activity offers a fun and supportive space to improve pronunciation, vocabulary, and cultural understanding while fostering connections with peers.



Gardening (Year 4 to 10)

Join our Gardening ECA to explore the joys of growing your own plants!

This ECA, led by IB DP ESS students will provide opportunities for students in Year 4 to Year 10 to spend some time outdoors, while also learning about gardening techniques, healthy soil, and growing vegetables and herbs that can be taken home.



ISB Big Band (Year 6 to 13)

ISB Big Band Rehearsals. Any new students are welcome, but should have a good level of performing skills on their instrument to ensure inclusion.

ISB Production Prop Making (Year 7 to 13)

(Invite only) We will be creating the props and items used in the ISB production for 2025. This ECA is by invite only, but any students who are interested should contact Mr. Habeeb.

ISB Production Set Design (Year 7 to 12)

Drawing skills/Develop technical skills.



<u>Japanese for Beginners (Year 7 to 13)</u>

Japanese for Beginners. We will be learning simple present tense this term. If you haven't learned any Hiragana, you are still welcome to join as we will spend a couple of weeks reviewing it.



KCpop Dance Fitness (Year 3 to 13)

KC-Pop is a dance workout that will bring a lot of health benefits particularly to boost physical and mental health, sharpen the mind and ease anxiety. This class is suitable for all and is offered to students from Year 3 to Secondary, students who are particularly Kpop & Cpop fans will enjoy the great variety of moves and be inspired by the catchy Korean and Chinese music and its own signature moves, making it creative, interesting and fun.

Leo's Club (Year 10 to 13)

Leo's Club is a club where students can develop their leadership skills by initiating projects and collaborating with others to aid communities in need and join social service activities. This club will allow students to make a difference, develop skills to become more independent and take the initiative towards problem-solving and raise global awareness.

Lion Dance (Year 9, 10 and 12)

Start date 14th January

Clashing cymbals accompanying thunderous beats of the drum are sounds that always permeate through Chinese New Year. At ISB the lion dance ECA is designed to prepare for Chinese New Year celebrations. Through this club, students proudly show off a big part of Chinese culture and keep this time-honored tradition alive. Taking part in this ECA has made students understand and appreciate Chinese language and culture more, at the same time, they build their stamina and teamwork through the fun but hardworking lion dance.



Malay Language Writing (Year 8 to 11)

To enhance students' proficiency in the Malay language through creative and engaging writing activities, fostering a deeper appreciation for the language and its cultural context.

Mandarin Beginner Clinic (Year 4 to 8)

(Invite only) This ECA is to provide new students with extra support in learning Mandarin.

Mathematical Olympiad Community (MOC) (year 7 to 13)

Explore the thrilling universe of Mathematics with our ECA Mathematical Olympiad Community! This dynamic program, tailored for secondary and IBDP school students, provides an exceptional platform to sharpen mathematical abilities, tackle engaging challenges, and prepare for prestigious national and international competitions. Participants will cultivate critical thinking, problem-solving, and innovative approaches to complex questions with mentors. Embrace this opportunity to meet like-minded peers and embark on a journey of discovery and achievement. If you want to represent ISB and Brunei in math competitions, then this ECA will be the right fit for you. Join us and transform your mathematical journey into an adventure!

Maths IGCSE Support (Year 9 to 11)

Maths Support sessions on topics already covered in class.

Monster Mayhem (Card Game) Year 7 to 13

Opportunity to play a simple deck building card game (Monster Mayhem).

Netball (Year 7 to 13)

Netball training and game play for students of all abilities. Come along and have fun whilst getting fit, making new friends and developing your netball skills.

P

Photography (Year 7 to 9)

Students will learn the basics of photography and learn to apply them.

R

Running Club (Year 4 to 13 - Friday mornings)

Ramp up your running speed and stamina by joining the early morning running ECA. Whether you are a beginner or an advanced runner, it's a great way to provide an energy boost to help kickstart the day.



School Production

New School Production for Year 4 and Above!

We are thrilled to announce this year's school production, which will bring the magic of Harry Potter to life on stage. This is a fantastic opportunity for students in Year 4 and above to showcase their acting, singing, and creative talents in a spellbinding performance inspired by J.K. Rowling's beloved stories.

Auditions will be held over the coming weeks and rehearsals will take place every Tuesday and Thursday, so students must be available on those days if they are successful in the audition process.

Important Information on ECAs

Students must first sign up for their first choice ECAs as usual. Please note that the Production will not be listed on the ECA sign-up form.

• If your child is successful after the audition, their place in their initially chosen ECA can be made available to another student.

We can't wait to see the talent and passion that our students bring to this enchanting production. Let's get ready to wave our wands and step into the wizarding world of Harry Potter!

Swimming (Year 7 to 13)

Advanced: This is for competent and confident swimmers who are looking to refine their technique in all the strokes and improve their stamina.

Tech Leaders (Year 7 to 13)

Join the Tech Leaders - part of the student council - where you can work together to plan different tech related activities for students at ISB

Thread and Needle (Year 3 to 11)

Cross stitching and Plushies - Beginners level. Learn the basics of cross stitch and making simple plushies.



Volleyball (Year 9 to 13)

Learn the skills of volleyball, improve your existing skills and enjoy playing the game whilst having fun and getting fit in the group.



White Coats (Year 12 to 13)

This term the White Coats ECA is aimed at Y12 and Y13 students only who are planning to apply to study Medicine, Dentistry, Nursing or Midwifery at university. There will be information about medical application processes, guidance for gaining work experience and advice on Brunei medical MMIs and HECAS applications. If you have any questions about the ECA, please email Mrs Deacon.



Zen Colouring (Year 7 to 11)

A club to relax, practice mindfulness and create lovely pieces of colorful art.

02. PAID ECAS

FOR PAID ECA, PAYMENT IS PER TERM AND CAN BE MADE EITHER IN CASH AT THE FRONT OFFICE OR VIA ONLINE TRANSFER.

YOU WILL NEED TO UPLOAD A SCREENSHOT OF THE RECEIPT USING THIS **LINK** TO INFORM THE SCHOOL THAT PAYMENT HAS BEEN COMPLETED. ONCE THE FORM IS SUBMITTED AS PROOF OF PAYMENT, THE ECA IS CONFIRMED.

PLEASE ENSURE PAYMENT IS MADE ON THE FIRST WEEK OF ECA.

Basketball (Year 7 to 13) OMNI

\$65/term

Whatever your ability basketball class to suit your level. Sign up for your age group and come learn the basics of basketball, develop your skills or train for your team



Chess Coaching (Year 7 to 13) Coach Hira

\$75/term

This is an opportunity for those who would like to take their chess more seriously and for those who aspire to be a Grandmaster one day. Students will be coached by Pg Hira, who is Brunei's National Chess Champion and a qualified FIDE Instructor.



Music Lessons (Year 7 to 13)

Guitar Group \$150/term Bass Guitar Group \$150/term

The Guitar and Bass Guitar ECA is a fun and engaging program designed to teach students the fundamentals of playing these versatile string instruments. Led by an experienced instructor, the program creates an inspiring environment to develop their talents.



Mindfulness (Year 7 to 13) Ms Siobhan Cook

\$40/term

Come join a safe space to increase your mental and emotional wellbeing. Experience science-based relaxation and meditation techniques that reduce life and study stress, easily and effectively. Mindfulness is a fun ECA, founded in kindness, acceptance and respect. New participants are most welcome.



Outdoor Cooking (Year 7 to 13)

\$15/term

Discover the joy of outdoor cooking in this hands-on activity! Students will start with simple recipes, learning basic cooking techniques and safety skills. As their confidence grows, they'll progress to more complex dishes, developing culinary creativity and teamwork in a fun outdoor environment.

Parkour (Year 7 to 13) Parkour Brunei Association

\$75/term

Running, jumping, vaulting, climbing and rolling are all things you will do in Parkour. Parkour is a training discipline that developed from military obstacle course training, and it enables you to move freely across any terrain, trying to get from one point to another as quickly as possible. Great for fitness, the need to think quickly, boosting confidence and building strength, this ECA will be great fun.



Wushu (Year 1 to 13) Brunei Wushu Association

\$100/term

Wushu is a Chinese Martial Art that involves patterns, techniques and acrobatic movements. This is great for improving concentration and strength as well as being fun.

03. OFFSITE ECAS

FOR OFFSITE ECAS, PAYMENTS MUST BE MADE DIRECTLY TO THE VENUE OR THE SERVICE PROVIDER.

TRANSPORTATION TO THE VENUE IS NOT PROVIDED BY THE SCHOOL. THIS WILL NEED TO BE ARRANGED INDEPENDENTLY BY THOSE WHO SIGN UP FOR THESE ACTIVITIES.



Archery (Year 7 to 13) Arrafi Archery Sports Academy Centre

\$75/term

Address: Arrafi Complex, No.6, Spg 875 Kg Jangsak, Kilanas (Indoor Archery Range)

Contact Number: 8996334

Archery aims to expose students to the theoretical techniques and practice of traditional archery. We introduce various archery techniques up to the standard level. Run by the Ar-Rafi Archery Academy, the club aims to provide a platform to raise students' spirits and mobilise archery activities in sports. Come and join this fun and exciting club that strengthens the upper body and increases balance, focus and endurance. Sessions will be held at Peak Performance.

Basketball (Year 7 to 13) OMNI

\$110/term

Address: Fitness Zone Health Club Kiulap: Lot 45238, Spg. 88, Kg. Kiulap

Contact Number: 7290011

Sign up and come learn the basics of basketball, develop your skills or train for your team.



Karate Shotokan (Year 1 to 13) Shotokan Karate Brunei Darussalam

\$33/term (Peak member) and \$55/term (Non-member)

<u>Address:</u> Peak Performance, Brunei International Airport Highway, RBRC Main Building, Bandar Seri Begawan

Contact Number: 8953016

Shotokan Karate practice strengthens the mind, develops composure, a clearer thought process, deeper insight into one's mental capabilities, and more self-confidence. It strengthens the entire body, improves coordination, quickens reflexes, builds stamina and overall health.



Mountain Biking (Year 4 to 13) Kingdom Rides

\$15 per week per child for MTB ECA

\$20 per week per child to rent our bike which we transport to and from store each week \$10 per week per child to have KRA transport and store children's personal bikes

Address: Hutan Simpan Berakas
Contact Number: 7136400

You must be a competent rider and have your own mountain bike to join Kingdom Rides on their exciting Mountain Biking adventures on the jungle tracks around the local area. You will have fun, gain confidence, keep fit and learn new biking skills with different trails being explored over the term. Students will need to get themselves to the location each week.



Rock Climbing (Year 3 to 13) Up Climbing Centre, OMNI

\$275/term

<u>Venue:</u> Up Climbing Centre, One Menglait Industrial Park BE3919, Bandar Seri Begawan Contact Number: 7290011

Students will get the chance to climb on a variety of different walls and will be challenged whatever their ability. Climbing is great for strength, confidence and for students to push themselves to the limit and feel a great sense of achievement. All climbing gear is provided. Come Climbing and lose yourself in the 'flow' of each climb.

Sim Car Racing (Year 10 to 13) Apex Racing

\$100/5 weeks

Address: 1st Floor, Bgn, Setia Kenangan 2, Blk F, Unit No.1 Kg. Kiulap, Bandar Seri Begawan

BE1518

Contact Number: 8246351

Sim Racing (simulated car racing) offers students a unique driving experience. Students can experience the sights, sounds and feel of real-world car racing from the comfort and safety of an online digital platform. In simple terms, sim racing is as close to car racing as it gets.

Slot Car Racing (Year 4 to 13) Kingdom Rides

\$12 per week per child including rental cars, rental controllers and use of the track

Venue: Kpg Lambak, Abraco Industrial Park, Simpang 281-7, Jalan Utama Berakas, Bandar Seri

Begawan BB1714

Contact Number: 7136400

Let's race onto the track with slots for miniature-powered race cars like real track racers from classic Group 5, Group GT3, and F1 racing. Each race will have a qualifying round and four rounds of racing. The qualifying round is when you need to achieve your fastest lap time in one minute. One round of racing will take 5 minutes. How do I win the race? Each racer has to achieve the fastest lap time to lead the qualifying round. To win the race, racers need to earn more laps in every round. So, what are you waiting for? Register now, and let's get up to speed on slot cars!



Taekwondo (Year 1 to 13) United Taekwondo

\$100/term

<u>Address:</u> United Taekwondo Gym, No.8, Simpang 440, 2nd Floor, Block A, Bangunan Ben Kassim dan Hjh Zaliha, Sg. Tilong, Jalan Muara

Contact Number: 8800828

Coach Nikman and his team will be coaching students Taekwondo, which is a Korean Martial Art that involves spinning kicks and fast kicking techniques. Join Taekwondo to learn discipline, focus, courage, integrity, perseverance, patience, courtesy and self-defense. Having taught many children over the years, it is always great to watch their transformation as Taekwondo also teaches a great deal about respect.

04. EDULINK

Step-by-step Guide





Open EduLink

 Download the EduLink One app, or go to: www.edulinkone.com



(02) Login

- Enter the School ID "ISB" followed by your login details
- Get your login details from the Primary or Secondary office (email below):

Primary Office:

pprincipal_office@ac.isb.edu.bn <u>Secondary Office</u>: secadminmgr@ac.isb.edu.bn



O3 Click ECA

 Find and click on the ECAS icon in yellow to access all confirmed ECAs along with their details

OS. CONTACT INFORMATION

Amal Latif, ECA Coordinator

ALatif@ac.isb.edu.bn

Ashley David, Head of Enrichment

AClaveria@ac.isb.edu.bn

Peter Jones, Head of Secondary

PJones@ac.isb.edu.bn

Michael Everett, Head of Primary

MEverett@ac.isb.edu.bn



05. ECA AT A GLANCE

SPORTS

- Archery
- Basketball
- FOBISIA
- FOBISIA Basketball
- Football
- Mountain Biking
- Netball
- Parkour
- Running Club
- Slot Car Racing
- Swimming
- Taekwondo
- Volleyball
- Wushu

CREATIVE

- Adult Coloring
- Book Club
- · Canteen Mural Design
- Creative Writing Club
- Crocheting Club
- ISB Production Prop Making
- ISB Production Set Design
- Photography
- Zen Colouring

SKILLS

- Additional Maths
- Chess Club
- COD
- Duke of Edinburgh
- Gardening
- Leo's Club
- Mathematical Olympiad Community
- Maths IGCSE Support
- Monster Mayhem (Card Game)
- Outdoor Cooking
- SIM Car Racing
- Tech Leaders
- White Coats

LANGUAGE

- French and Spanish Conversation
- Japanese for Beginners
- Malay Language Writing
- Mandarin

PERFORMING ARTS

- Bass Guitar Group
- Guitar Group
- ISB Big Band
- Lion Dance
- School Production

